



THE McCAIN NYAL FINALS 2010
4-5 September 2010
Sports City Manchester

TIMETABLE
As At 30/08/2010 15:25

Event No	Age Group/Event	Time	Event No	Age Group/Event	Time
	PRESENTATION OF TEAMS	11:00			
T1	U17W 300m H	11:15	F1	U17M Hammer	10:30
T2	U17M 400m H	11:25	F2	U17W High Jump	10:30
T3	U13G 150m	11:35	F3	U15G Pole Vault	10:30
T4	U13B 200m	11:45	F4	U17M Long Jump	10:45
T5	U15G 200m	11:55	F5	U13G Shot	10:45
T6	U15B 200m	12:05	F6	U17W Shot	10:45
T7	U17W 200m	12:15	F7	U17M Javelin	11:15
T8	U17M 200m	12:25	F8	U15G High Jump	11:45
T9	U13G 800m	12:35	F9	U15B Hammer	12:00
T10	U13B 800m	12:45	F10	U13B Long Jump	12:15
T11	U15G 800m	12:55	F11	U15B Long Jump	12:15
T12	U15B 800m	13:05	F12	U15G Shot	12:15
T13	U17W 800m	13:15	F13	U17M Pole Vault	12:30
T14	U17M 800m	13:25	F14	U17W Hammer	12:45
T15	U13G 70m H	13:35	F15	U15B High Jump	13:00
T16	U17M 3000m	13:40	F16	U17M Discus	13:30
T17	U13B 75m H	13:55	F17	U15G Long Jump	14:00
T18	U15G 75m H	14:00	F18	U13G Long Jump	14:00
T19	U17W 80m H	14:10	F19	U15B Shot	14:00
T20	U15B 80m H	14:20	F20	U17M High Jump	14:15
T21	U17W 3000m	14:30	F21	U17W Javelin	14:15
T22	U17M 100m H	14:45	F22	U17W Pole Vault	14:30
T23	U15B 400m	14:55	F23	U15B Discus	15:00
T24	U17M 400m	15:05	F24	U13B High Jump	15:00
T25	U13G 1200m	15:15	F25	U17W Long Jump	15:15
T26	U17W 300m	15:25	F26	U17M Triple Jump	15:15
T27	U13B 1500m	15:35	F27	U13B Shot	15:15
T28	U15G 1500m	15:45	F28	U15G Javelin	15:45
T29	U15B 1500m	15:55	F29	U17M Shot	16:15
T30	U13G 75m	16:05	F30	U13G High Jump	16:15
T31	U13B 100m	16:15	F31	U17W Triple Jump	16:15
T32	U15G 100m	16:25	F32	U17W Discus	16:30
T33	U15B 100m	16:35	F33	U15B Pole Vault	16:30
T34	U17W 100m	16:40	F34	U15B Javelin	17:00
T35	U17M 100m	16:50	F35	U15G Discus	17:15
T36	U17W 1500m	17:00			
T37	U17M 1500m	17:10			
T38	U15B 4 x 100m Relay	17:20			
T39	U17W 4 x 100m Relay	17:25			
T40	U17M 4 x 100m Relay	17:30			
T41	U13G 4 x 100m Relay	17:35			
T42	U13B 4 x 100m Relay	17:40			
T43	U15G 4 x 100m Relay	17:45			
T44	U17M 1500m S/Chase	17:50			
T45	U17W 4 x 300m Relay	17:55			
T46	U15B 4 x 400m Relay	18:00			
T47	U17M 4 x 400m Relay	18:10			