

T10 Event T10 U23 Men's 400m Heats
21 June 2008
12.45
First 3 in each heat and 4 Fastest Losers to Semi-Finals T32
21 June 2008
17.55

Heat	Pos	Bib	Athlete	Club	Perf	Remarks	
1	1	156	Adam Daish	Enfield & Haringey AC	48.52	Q	
	2	185	Ben Higgins	Ipswich Harriers	48.57	Q	
	3	231	Ryan Thomas	Belgrave Harriers	48.72	Q	
	4	212	Shem Nelson	Birchfield Harriers	49.07	q	
	5	139	Daniel Barry	Trafford AC	49.39	q	
	6	155	Martin Cook	Mansfield Harriers & AC	49.64		
	7	136	Alex Babb	Victoria Park & Tower Hamlets	52.78		

Heat	Pos	Bib	Athlete	Club	Perf	Remarks	
2	1	218	Kris Robertson	Shaftesbury Barnet	47.57	Q	
	2	201	Dwayne Lewis	Birchfield Harriers	47.63	Q	
	3	232	Tonderai Tomu	Stevenage And North Herts	48.56	Q	
	4	161	Gareth Dodd	Herts Phoenix AC	49.02	q	
	5	229	Aaron Teall	Enfield And Haringey	49.99		
	6	148	Thomas Bryans	Rugby & Northampton AC	50.18		
	7	202	Jonathan Lodowski	Enfield And Haringey	50.51		

Heat	Pos	Bib	Athlete	Club	Perf	Remarks	
3	1	164	Tom Druce	Channel Islands	48.16	Q	
	2	214	Set Osho	Belgrave Harriers	48.48	Q	
	3	203	Hamiim Lubega	Victoria Park H & Tower Hamlets AC	48.80	Q	
	4	184	Glyn Hawkes	Wales	48.91	q	
	5	151	Daniel Cash	Tamworth AC	49.62		
	6	146	Sean Brindley	City Of Sheffield AC	50.50		
	7	134	Simeon Atkins	Yeovil Olympiads	dns		