

T23 Event T23 U15B 3000m Final**RESULT**09 August 200816.50

UK Best:

Meeting Best Performance:

FINAL	Posn	Bib	Athlete	Club	Perf	Remarks	
	1	488	Richard Charles	Ealing Southall & Middlesex AC	09:05.16		
	2	825	Conor Robinson	Cornwall AC	09:19.34		
	3	767	Jack Nixon	Stockport Harriers	09:27.95		
	4	890	Mark Thompson	Notts AC	09:37.19		
	5	730	Alan McKeown	Blackburn Harriers & AC	09:42.08		
	6	487	Christopher Charles	Ealing Southall & Middlesex AC	09:44.02		
	7	486	Peter Chambers	Croydon Harriers	09:44.74		
	8	846	Mark Shaw	New Marske Harriers	09:44.82		
	9	949	Simon Little	Carlisle & Aspartria AC	10:06.57		
	10	947	Adam Wimbledon	Bracknell AC	10:21.75		